

Oral fluids for a child with Vomitting +/- Diarrhoea

We would like your child to drink small frequent amounts of fluids based on their weight.

Drinks given in this way can allow your child to feel better.

The fluids can be dilute juice or water (0.5 ml/kg)

OR diarolyte (1mg/ kg) if your child is showing signs of dehydration .

Please complete the record below by writing in how much has been given in each time period.

If there has been any diarrhoea, vomiting, urine passed or if your child has refused to drink please document this too.

Children who wear nappies should have a dry clean nappy when you begin recording and the wetness of the nappy removed documented.

Breast fed infants can be offered frequent, short breastfeeds instead.

Time since fluid commenced	Amount of fluid given	vomited	Wet nappies/ passed urine	diarrhoea	Refused
5 minutes					
10 minutes					
15 minutes					
20 Minutes					
25 Minutes					
30 Minutes					
35 Minutes					
40 Minutes					
45 Minutes					
50 Minutes					
55 Minutes					
60 Minutes					
1h 5Minutes					
1h 10Minutes					

1hr15 minutes					
1hr20 Minutes					
1hr25 Minutes					
1hr30 Minutes					
1hr35 Minutes					
1hr40 Minutes					
1hr45 Minutes					
1hr50 Minutes					
1hr55 Minutes					
2 hours					