Sound Doctor Videos for patients and Carers - Dementia

- What is dementia?
- Different types of dementia
- Can I reduce the risk?
- Early symptoms of dementia
- Memory loss
- Language and communication problems
- The progression of dementia
- Taking the first step
- Discovering you have dementia
- Now you've been diagnosed
- The benefits of diagnosis
- Where can I turn to for help?
- Becoming a carer
- Looking after yourself as a carer
- Looking after yourself as a carer –
 Barbara's story

- Living well with dementia
- Understanding the person
- Don't hide away
- Medicines that may help
- Keeping active
- Communicating with someone who has dementia
- Keeping your independence
- Driving
- Benefits and allowances
- Dealing with incontinence
- Getting your finances in order
- Powers of Attorney
- Thinking about residential care
- Choosing a care home
- Coping with changing behaviour
- Making your home dementia friendly

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